

Bonham Road Dagenham RM8 3AR Tel: 020 3006 9888 Option 2

Mr Richard November - Headteacher E-mail: office@valenceprimaryschool.com Website: www.valenceprimaryschool.com

12th May 2025

**Dear Parent and Carers** 

## Parent Information Session: Understanding Emotionally Based School Non-Attendance

We would like to invite you to a one-hour session led by the Educational Psychology Service, focusing on Emotionally Based School Non-Attendance (EBSNA).

The session will explore some of the reasons why children may feel unable to attend school— including worries, emotional challenges, and separation difficulties. We will look at the psychology behind these feelings, how they can impact a child's view of school, and most importantly, some helpful strategies to support your child at home. Whether this is something your child is experiencing, or you are just keen to learn more about it, all parents are welcome.

## **Bonham Site**

Date: 10<sup>th</sup> June at 9am in the Gym

## St George Site

Date: 17<sup>th</sup> June at 9am in Performing Arts Hall

Please feel free to attend either session.

Kind Regards Wellbeing Team











